



SPORTS MEDICINE WRAPS + TAPES

Instructions For Use



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Description

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These instructions are for the Power family of sports medicine wraps and tapes.

PowerFlex + PowerSpeed are cohesive elastic wraps constructed from a nonwoven material and elastic fibers. The cohesive properties allow the wrap to stick to itself but not to other materials or skin. The product may contain natural rubber latex.

PowerAFD is an adhesive stretch elastic wrap similar to PowerFlex, however it can stick to other materials or skin.

PowerFAST is a cohesive elastic wrap with an absorbent foam pad attached. The wrap will stay in place by sticking to itself after being applied as a blood bandage to provide local absorption.

PowerTape + VictoryTape are cohesive athletic tapes applied over PowerFlex to give athletes stronger support in pre and post injury.

Indications for Use

These wraps and tapes are intended to be used to compress, support or secure. They provide support for muscles and joints for injury prevention and post-injury stability for inversions, evasions and high ankle sprains.

Contraindications

None known.

Precautions & Warnings

- The Power family of wraps and tapes will not slip or loosen after application. DO NOT wrap too tightly to avoid impairing circulation and potentially causing serious injury.
- Apply the tape firmly to the skin.
- Do not apply the tape to a sensitive area.
- Monitor area frequently (no less than every 24 hours) for signs of swelling, discoloration, pain, numbness, tingling, or other changes in sensation. If these symptoms occur, remove wrap immediately and contact your Health Care provider or Certified Athletic Trainer.
- Do not reuse. Power family of wraps and tapes are single use products.

Directions for Use

PowerFlex + PowerSpeed + PowerFAST:

- Apply to area in need of support with proper unwind tension, removing all stretch.
- Upon completion of wrapping, grasp wrap between fingers to remove stretch and hand-tear or cut the wrap to desired length.
- Seal the end of the wrap with your finger, lightly meshing the top into the bottom layer. This will provide long staying power.

PowerFlex AFD:

- Apply absorbent pad onto affected area.
- Wrap the cohesive portion around to securely absorbent pad in place at desired tension and compression.
- Seal the end of the wrap with your finger, lightly meshing the top into the bottom layer. This will provide long staying power.

PowerFlex + VictoryTape:

- Apply PowerTape or VictoryTape over PowerFlex or PowerSpeed, similarly to how you would apply traditional cotton adhesive tape for support.
- Refer to video and print taping applications found on ovikhealth.com for step-by-step instructions.

Removal/Disposal

- All of these products may be removed with bandage/tape scissors.
- Dispose of product per your facilities protocol.

Storage

For best results, store these products in original packaging at room temperature until use. Avoid excessive heat and humidity. Refer to the label on each box for expiration date.

Learn More

Additional resources and guidance about other applications with these products are available on our website: ovikhealth.com.

FAQ

What are Power wraps and tapes?

What are Power wraps and tapes used for?

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